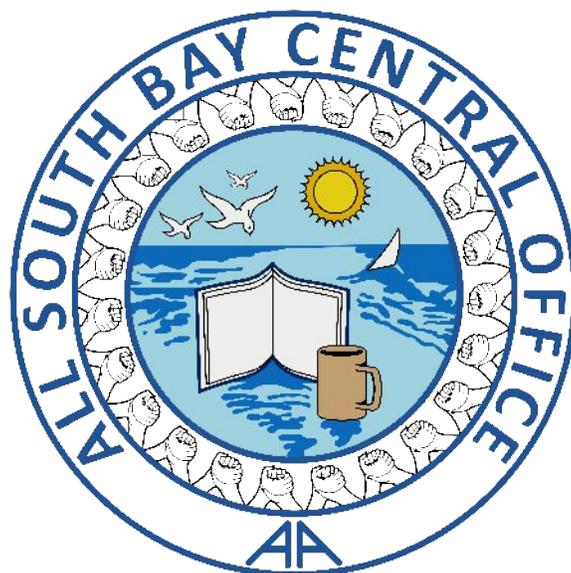


# SPEAKEASY

APRIL 2026



Alcoholics Anonymous All South Bay  
Central Office Newsletter  
3625 Del Amo Blvd., Suite 345, Torrance CA 90503  
Email: [info@southbayaa.org](mailto:info@southbayaa.org) | Phone: (310) 618-1180

The Speakeasy is published by the All South Bay Central Office of Alcoholics Anonymous.

Opinions expressed are those of the writers/contributors and not of Alcoholics Anonymous as a whole or of Central Office.



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## GENERAL ANNOUNCEMENTS

## MEETING INFORMATION AND GROUP CONTACTS

Help Central Office maintain the meeting directory by providing updated meeting information and group contacts. Please send updates to [info@southbayaa.org](mailto:info@southbayaa.org).

## CENTRAL OFFICE PHONE VOLUNTEERS

Central Office has filled all the regular phone volunteer shifts!!! Shout out to Stokke for doing a fantastic job!

However, we are **always looking for backups** for all time slots.

You will be trained in phone procedures and POS for literature, chip, and contribution purchases. Having dedicated people take on these commitments is crucial to keeping the office running smoothly and ensuring that every call for help is answered.

**Minimum six months of sobriety is required.**

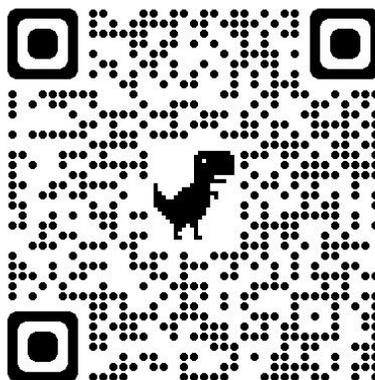
If you have any questions, please email Stokke at [asbcophones@gmail.com](mailto:asbcophones@gmail.com).

## EVENT AND OFFICE VOLUNTEERS

Help Central Office with events and office needs. Being of service is part of the fun and a proven method of staying sober. Please reach out to [info@southbayaa.org](mailto:info@southbayaa.org).

## APPLY TODAY!

Visit the ASBCO website, [asbco.org](http://asbco.org), to apply to volunteer for phone, event or office needs.



## SOUTH BAY H & I

Requirements to lead an H&I panel include:

- 1) Minimum of one year of continuous sobriety
- 2) Attendance at a committee meeting which are held the 2<sup>nd</sup> Tuesday of each month at 7:00 p.m., South Bay Alano Club (702 11<sup>th</sup> Place, Hermosa Beach, CA 90254)

**Currently, there is one panel leader position open:**

**Harbor Interfaith (San Pedro) - 2<sup>nd</sup> Thursday of each month, 7:00 p.m., M & W.**

More information can be found on the H&I website: [www.southbayhi.com](http://www.southbayhi.com).

## GENERAL SERVICE

**Pacific Regional Forum:** December 4–6, 2026 Wyndham San Diego Bayside, San Diego, CA. Regional Forums provide opportunities for A.A. members to connect with people throughout the A.A. service structure. At forums, members can exchange information with representatives of the General Service Board, AAWS, AA Grapevine and GSO. For more information, please contact the Regional Forums desk at GSO, [regionalforums@aa.org](mailto:regionalforums@aa.org).

**2030 International Convention:** If you would like information on the next International Convention in St. Louis, Missouri (July 4 – 7, 2030), visit <https://www.aa.org/international-convention>.

## CENTRAL SERVICE REPRESENTATIVES NEEDED

The Central Service Representative (CSR) carries the group's conscience to the Intergroup meeting, votes on changes on Central Office policy, works with the Central Office to provide desired services, and reports the needs of the Central Office to their groups.

In the South Bay, we're fortunate to have hundreds of meetings—but only 35 to 40 representatives regularly attend our monthly CSR meetings. That means **many groups are going unheard and unrepresented** when important decisions are made.

If a group does not have a CSR, please encourage them to elect one and explain why it matters. Having a CSR ensures your group's voice is included in the discussion and decision-making process of Central Office.

Keep in mind, a CSR should represent only one group at a time.

## WRITING FOR THE SPEAKEASY

**Who writes for the Speakeasy?** You do. Stories and content contributions are always welcome. All AA members can write in. We are especially interested in those connected to the South Bay.

**What should I write about?** Anything related to your experience of getting and staying sober, while respecting the anonymity of other members. Remember, discretion is always advised. Write about step-work, struggles, triumphs, lessons learned, transformation, etc.

We also accept poems, fictional short stories, and riddles – provided they are recovery-related.

Group announcements such as anniversary potlucks or changes in times/locations are also welcome.

Send us a meeting flier and we will help promote your meeting in the **Speakeasy**.

**How long and what format?** A good length for a story is about 500 words but can be anywhere from 2 paragraphs to 2-3 pages. Longer contributions may be edited to suit a newsletter format.

Please send your Word documents via e-mail to: [speakeasy@southbayaa.org](mailto:speakeasy@southbayaa.org).

Access the **Speakeasy** Online at [asbco.org](http://asbco.org).



## THE AA GRAPEVINE

The AA Grapevine, Inc. is the publisher of the International Journal of Alcoholics Anonymous. Its primary purpose is to carry the AA message to everyone interested in alcoholism through its magazines, websites, and related items, which reflect the experience, strength, and hope of its members and friends on topics related to recovery, unity, and service.

It strives to operate in accordance with the Twelve Steps, the Twelve Traditions, and the Twelve Concepts of AA, and as such does not solicit monetary contributions from AA members or groups to fund operating expenses.

The AA Grapevine relies on subscriptions. To order your subscription, please visit <https://www.aagrapevine.org/store/us-subscriptions>. Price per year is \$36.00 for print, \$29.99 for digital or \$56.00 for both.



**WANT TO HELP ANOTHER ALCOHOLIC?**

**Give a Gift Subscription**  
to an alcoholic who needs it.  
Great for:

- Sponsees • Newcomers • Prisons • Detoxes
- Doctors' Offices • Group Celebrations
- District and Area Events • Giveaways

**Grapevine & La Viña are Great Twelfth Step Tools!**

Get your group, district, area or AA friends to join in. Carry the Message, it's easy!

Go to [aagrapevine.org/carry-the-message](https://www.aagrapevine.org/carry-the-message) to get started and see our new Carry the Message video at [www.youtube.com/@aagrapevine](https://www.youtube.com/@aagrapevine)

**CARRY THE MESSAGE PROJECT**

## INTERGROUP PURPOSE

A Central Office is an AA service center serving the local community. Just as AA groups are partnerships of individuals, a Central Office is a partnership of the AA groups within a community, established to carry out certain functions common to all groups and best handled at a central location. The group maintains, supervises, and supports the Central Office monetarily and with volunteers. In turn, the Central Office aids the groups in their common purpose of carrying the AA message to “the alcoholic who still suffers.”

Members of the Intergroup (CSRs) sponsor special events to foster the spirit of unity among the local AA community and to ensure sufficient operating capital to keep the Central Office open and of maximum service.

The Central Office helps carry the A.A. message to the alcoholic who still suffers by coordinating the following services:

- Answers inquiries from those seeking help: suffering alcoholics, sober alcoholics, meetings, groups, professionals, and the general public.
- Sells A.A. literature.
- Publishes A.A. meeting schedules.
- Maintains a 12-step list to help the still-suffering alcoholic.
- Maintains a telephone service for A.A. members and the general public.
- Maintains an informative and up-to-date website: [www.ASBCO.org](http://www.ASBCO.org).
- Publishes the monthly newsletter, “*The Speakeasy*.”
- Acts as an information exchange for South Bay meetings and service committees.
- Cooperates with other A.A. service entities – GSO and our General Service Area and Districts, Public Information/Cooperation with the Professional Community, Hospitals & Institutions, GGYPA, Bridging the Gap, and the various Intergroup committees.
- Participates in local A.A. events.

**HELP SUPPORT CENTRAL OFFICE BY DONATING TODAY!**

**CENTRAL OFFICE DONATIONS**

Central Office welcomes one-time donations, or you can join the AA Birthday Club or become a Faithful Fiver! Contributions are limited to \$3,000 per member per year and are tax-deductible under Internal Revenue Code §501(c)3.

## AA BIRTHDAY CLUB

Show your support for All South Bay Central Office and join the Birthday Club! Many members celebrate their AA birthdays by sending a donation of one or more dollars for each year of sobriety.

Additionally, we will list your birthday in the Birthday Club section of The Speakeasy newsletter.

## FAITHFUL FIVERS

### *What are Faithful Fivers?*

Faithful Fivers are A.A. members who graciously pledge to contribute at least five dollars each month to support the Central Office in its efforts to carry the A.A. message of hope and recovery to those alcoholics who still suffer in the South Bay Area. As a Faithful Fiver, your personal contribution can and will make our vital services possible.

The Faithful Fiver idea came about when we remembered that we wasted much more than five dollars each month during our drinking days. Your contribution will help the Central Office provide the services necessary to carry the message of Alcoholics Anonymous.

## HOW TO DONATE

### PayPal or Venmo

If you would like to use PayPal or Venmo, please scan the QR code below:

PayPal QR Code



Venmo QR Code



For **AA Birthday Club** Donations please include your Sobriety Date in the memo.

**Credit Card**

If you would prefer to contribute via credit card, please complete the form below and mail to Central Office or call Central Office to provide credit card information. Faithful Fiver members can also enjoy the convenience of automatic billing.

All requested information is required. Upon approval, we will automatically bill your credit card for the amount indicated and your total charges will appear on your monthly credit card statement.

If you have authorized automatic billing, you may cancel this authorization at any time by contacting Central Office at (310) 618-1180.

**Check**

To donate by check, please fill out the form below and mail checks to Central Office.

Central Office mailing address:

ASBCO  
3625 Del Amo Blvd., Suite 345  
Torrance, CA 90503

If you have any questions, please contact Central Office at (310) 618-1180.

**Donations by Credit Card**

I authorize **ASBCO** to automatically bill the card listed below, as specified:

Amount: \$ \_\_\_\_\_

Frequency: (circle one) One Time   Monthly   Quarterly   Annually

Start Billing On: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_   End Date: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

### Donations by Check

If you would like to donate via check, please complete the form below and mail to Central Office:

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Telephone: \_\_\_\_\_

For **AA Birthday Club** Donations please include your Sobriety Date: \_\_\_\_\_

For **Faithful Fiver** Donations please include: my contribution of \$\_\_\_\_\_ for \_\_\_\_\_ months

Please make checks payable to **ASBCO**.

## UPCOMING EVENTS

ALL SOUTH BAY CENTRAL OFFICE



# Comedy Show

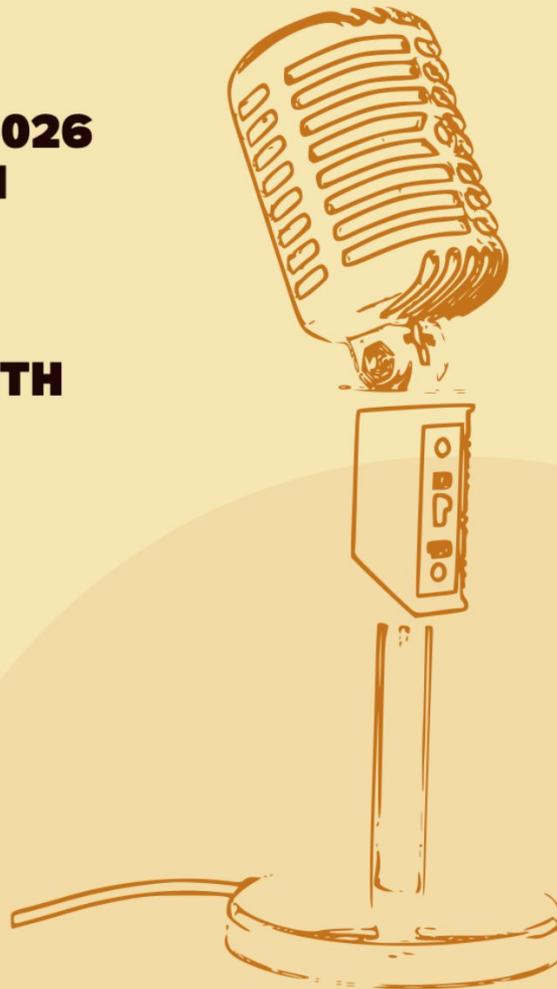
**8**

**APRIL 2026  
6:30 PM**

**TICKETS ARE \$25 WITH  
A 2 ITEM MINIMUM**

TIX AVAILABLE AT SBAC,  
CENTRAL OFFICE, MEETING  
CSR OR AT THE DOOR

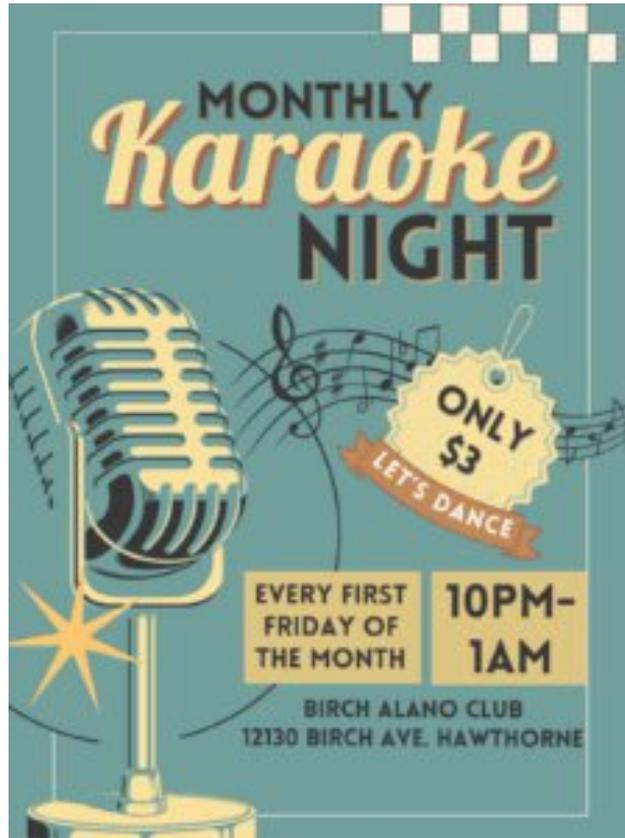
**3 SILENT AUCTION  
PRIZES TO BID ON  
ALONG WITH  
VARIOUS RAFFLE  
PRIZES**



**COMEDY MAGIC CLUB IN  
HERMOSA BEACH**

DOORS OPEN AT 6:30  
SHOW STARTS AT 8:00

SILENT AUCTION PRIZES:  
KINGS TICKETS,  
DODGER TICKETS,  
LAKER TICKETS



**MID - SOUTHERN CALIFORNIA AREA 09**

**AREA 09 PRE-CONFERENCE**

**April 12th, 2026**



CROWN VALLEY COMMUNITY CENTER  
29751 CROWN VALLEY PARKWAY  
LAGUNA NIGUEL, CA 92677

**9AM - 3PM**  
REGISTRATION BEGINS AT 8:00 AM



**LEARN ABOUT THE GENERAL SERVICE CONFERENCE AGENDA ITEMS!**

**IN PERSON & ONLINE**

**HOSTED BY: DISTRICT 17**

**Zoom: 896 6166 6203 | Password: Panel76**

Find us on Facebook

**37TH IEAAC 2026**

**SOBOBA CASINO RESORT**  
951-665-1000

**37th Inland Empire AA Convention**  
**April 17-19, 2026**

**Soboba Casino Resort Event Center**  
**San Jacinto, CA**

Speaker Line-up

Tonya M. - Sioux City, Iowa \* Alex W. - Manhattan Beach, CA  
\* Will M. - Sioux City, Iowa \* Matthew M. - Santa Rosa, CA

\*\*Speakers and events subject to change

Events

- Gary P. Golf Tournament
- Friday Night Ice Cream Social
- Interview with a Drunk w/ Lindsey C. \*Covina Interviewing Matthew M. \*Santa Rosa
- Saturday Luncheon & Buffet Dinner
- Fun Raising Event
- Sunday Breakfast
- Sobriety Countdown 'Darkness to Light' W/ Karl M. \*Covina
- Sober Family Feud - Host Michael B \*Covina

**Visit [www.IEAAC.org](http://www.IEAAC.org) for more Info**

This we owe to A.A.'s future: To place our common welfare first;  
To keep our fellowship united. For on A.A. unity depend our lives,  
And the lives of those to come.



## A.A. DESERT ROUNDUP

WITH AL-ANON PARTICIPATION  
RENAISSANCE ESMERALDA RESORT & SPA

### JUNE 11, 12, 13, 14, 2026

INDIAN WELLS, CALIFORNIA



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ONLINE REGISTRATION OPENS January 2nd through June 5th  
TO REGISTER GO TO: [www.desertroundup.com](http://www.desertroundup.com)

A \$4 convenience fee is charged for all credit card purchases.

**GENERAL INFORMATION**

Sandy W. (760) 902-9087  
Kathy R. (760) 832-2275



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**TENTATIVE SCHEDULE OF EVENTS**

*Registration Badges Required at all Meetings.*

<b>Thursday</b>	Noon - 8:15 pm ..... Registration/Badge Pickup 8:00 pm ..... A.A. Speaker Meeting 9:30 pm ..... Ice Cream Social 9:30 pm ..... Sing-along/Karaoke
<b>Friday</b>	7:00 am ..... Golf Tournament 7:00 am ..... A.A. Participation Meeting 8:00 am - 8:45 pm ..... Registration/Badge Pickup 9:00 am ..... A.A. Topic/Discussion Meeting 10:30 am ..... Al-Anon Topic/Discussion Meeting 12:30 pm ..... A.A. Topic/Discussion Meeting 12:30 pm ..... Al-Anon Topic/Discussion Meeting 1:45 pm ..... Al-Anon Topic/Discussion Meeting 2:00 pm ..... A.A. History Meeting 4:00 pm ..... A.A. Longtimers Meeting 6:30 pm ..... A.A. Young People's Meeting 8:30 pm ..... A.A. Opening Meeting 10:00 pm ..... Ice Cream Social 10:00 pm ..... DJ Dance
<b>Saturday</b>	6:30 am ..... 2 Mile Fun Run/Walk 7:00 am ..... A.A. Participation Meeting 8:00 am - 6:00 pm ..... Registration/Badge Pickup 8:30 am ..... A.A. Interview with a Drunk 9:00 am ..... Al-Anon Topic/Discussion Meeting 10:00 am ..... Al-Anon Topic/Discussion Meeting 10:30 am ..... A.A. Mens Stag 10:30 am ..... A.A. Womens Stag 11:45 am ..... Al-Anon Luncheon/Meeting 2:30 pm ..... A.A./Al-Anon Family Meeting 5:30 pm ..... Al-Anon Topic/Discussion Meeting 6:00 pm ..... A.A. Banquet/Meeting 7:30 pm ..... (approx) Video Broadcast - Speaker 8:45 pm ..... A.A. Topic/Discussion Meeting 9:00 pm ..... DJ Dance
<b>Sunday</b>	7:00 am ..... A.A. Participation Meeting 8:15 am ..... Breakfast 9:30 am ..... A.A. Closing Meeting

**R**

RENAISSANCE<sup>®</sup>

ESMERALDA RESORT & SPA

BOOK RESERVATIONS ONLINE  
<https://book.passkey.com/go/desertroundup2026>

CALL 1-800-446-9875

Room Rate \$169.00 + Tax + Resort Fee of \$7.00  
Note: 2 nights minimum/4 guests per room max  
 Special rates available until room block is filled  
 But no later than May 28th.

Pool facilities for registered guests only  
 PRE-BOOK VIP POOL CHAIRS/CABANAS  
[renewipoolside.com](http://renewipoolside.com)

44-400 Indian Wells Lane, Indian Wells, CA 92210  
 Hotel direct line: (760) 773-4444

**Important Convention/Hotel Policies:**

1. Please register for the convention before making your hotel reservation. Special hotel rates are available only to Roundup attendees from June 8-17, 2026 (three days before and after the event).
2. Room cancellations must be made at least 3 days before arrival to avoid charges. Cancellations made later will be charged one night's stay plus tax.
3. All attendees must be registered and wear badges to enter ticketed events (excluding dances).
4. Tickets are sold on a first-come, first-served basis. Some events will sell out - purchase early for best seating.
5. Group Seating - To sit together as a group, please submit registration forms and payments together. For online registrations, one person should purchase the table(s) for the group.
6. Tickets will not be mailed. Please pick them up at the Pre-Registration Table upon arrival. Receipts will be emailed if a valid email address is provided.
7. Tickets will be sold onsite until events are sold out or registration closes. Only Ice Cream Social and Dance tickets will be available for purchase at the door.
8. No refunds will be issued for canceled events after May 21st. Tickets are transferable or may be donated to a newcomer.
9. Registration fees are non-refundable and non-transferable.

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SERVICE ANIMALS are welcome. Personal pets whose function is to provide comfort or emotional support DO NOT qualify as service animals under the Americans with Disability Act.

THANK YOU for understanding.



# 74th Southern California AA Convention

## Planning Meetings

Come Join Us and Be of Service!

February 8th, 2026,  
 March 8th, 2026,  
 April 19th, 2026,  
 May 17th, 2026,  
 June 14th, 2026,  
 July 12th, 2026 **WALK THROUGH** at The Westin  
 August 9th, 2026,  
 September 13th, 2026...

**2026**

Planning Meetings  
 Starting at 10:30am

**74th SCAAC Convention at The Westin on October 16-18, 2026**

November 15, 2026:  
*(Wrap Up Meeting)*

For more info: [info@asocal.com](mailto:info@asocal.com)  
 visit us at: [www.asocal.com](http://www.asocal.com)

**at The 502 Club**

**510 S. 2nd Ave #10, Covina, CA 91723**

## MONTHLY STEP, TRADITION & CONCEPT

### STEP FOUR

“Made a searching and fearless moral inventory of ourselves.”

Courage is the fourth principle of Alcoholics Anonymous.

### TRADITION FOUR

“Each group should be autonomous except in matters affecting other groups or A.A. as a whole.”

In each neighborhood in every part of the world reached by A.A., the local group is free to work out its own customs. As always, freedom brings responsibility. Because each group is autonomous, it's up to each group to avoid any action that might harm A.A.

The Fourth Tradition...suggests that the A.A. group should take honest inventory of itself, asking about each of its independently planned actions, “Would this break any Tradition?”...the wise group recognizes that the Traditions are not hindering technicalities — they are proved guides toward the chief objective of all A.A. groups.

*Reprinted from The Twelve Traditions Illustrated, with permission of A.A. World Services, Inc.*

### CONCEPT FOUR

“Throughout our Conference structure, we ought to maintain at all responsible levels a traditional “Right of Participation,” taking care that each classification or group of our world servants shall be allowed a voting representation in reasonable proportion to the responsibility that each must discharge.”

There is a spiritual reason for the “Right of Participation.” All of us desire to belong. In A.A., no members are “second class.” The “Right of Participation” therefore reinforces Tradition Two, that no member is placed in “ultimate authority” over another. We perform our service tasks better “when we are sure we belong — when our ‘participation’ assures us we are truly the ‘trusted servants’ described in Tradition Two.

*Reprinted from The Twelve Concepts for World Service Illustrated, with permission of A.A. World Services, Inc.*

## STORIES

## A Feminine Victory

(Excerpt from a story originally published in Alcoholics Anonymous, 1<sup>st</sup> Edition)

"I felt desperate and I questioned my ability to really avail myself of the help that the others had received and applied so successfully. Gradually, however, God began to clear my channels so that real understanding began to come. Then was the time when full realization and acknowledgement came to me. It was realization and acknowledgement of the fact that I was full of self-pity and resentment, realization of the fact that I had not fully given my problems to God. I was still trying to do my own fixing.

That was more than a year ago. Since then, although circumstances are no different, for there are still trials and hardships and hurts and disappointments and disillusionments, self-pity and resentment are being eliminated. In this past year I haven't been tempted once. I have no more idea of taking a drink to aid me through a difficult period than I would if I had never drunk. But I know absolutely that the minute I close my channels with sorrow for myself, or being hurt by, or resentful towards anyone, I am in horrible danger.

I know that my victory is none of my human doing. I know that I must keep myself worthy of Divine help. And the glorious thing is this: I am free, I am happy, and perhaps I am going to have the blessed opportunity of "passing it on."

*Reprinted from Experience, Strength and Hope (Stories from the First Three Editions of Alcoholics Anonymous), p. 22-23, with permission of A.A. World Services, Inc.*

\* \* \*

## Excerpts from A.A. Literature

So when A.A. suggests a fearless moral inventory, it must seem to every newcomer that more is being asked of him than he can do. Both his pride and his fear beat him back every time he tries to look within himself. Pride says, "You need not pass this way," and Fear says, "You dare not look!" But the testimony of A.A.'s who have really tried a moral inventory is that pride and fear of this sort turn out to be bogeymen, nothing else. Once we have a complete willingness to take inventory, and exert ourselves to do the job thoroughly, a wonderful light falls upon this foggy scene. As we persist, a brand-new kind of confidence is born, and the sense of relief at finally facing ourselves is indescribable.

*Reprinted from Twelve Steps and Twelve Traditions, p. 49-50, with permission of A.A. World Services, Inc.*

\* \* \*

### LOVE AND FEAR AS OPPOSITES

"All these failings generate fear, a soul-sickness in its own right."

TWELVE STEPS AND TWELVE TRADITIONS, p. 49

Fear knocked at the door; faith answered; no one was there." I don't know to whom this quote should be attributed, but it certainly indicates very clearly that fear is an illusion. I create the illusion myself.

I experienced fear early in my life and I mistakenly thought that the mere presence of it made me a coward. I didn't know that one of the definitions of "courage" is "willingness to do the right thing in spite of fear." Courage, then, is not necessarily the absence of fear.

During the time I didn't have love in my life I most assuredly had fear. To fear God is to be afraid of joy. In looking back, I realize that, during the times I feared God most, there was no joy in my life. As I learned not to fear God, I also learned to experience joy.

*Reprinted from Daily Reflections, p. 116, with permission of A.A. World Services, Inc.*

\* \* \*



## MEETING FLIERS